

College of Eastern Idaho Counseling Center Provision of Services Procedure
CEI Counseling Center Procedure #2
Updated 03/06/23

2.0 Overview

All services provided at College of Eastern Idaho through the Counseling Center are free to current eligible students. This procedure outlines the standards and limits to mental health services provided through the college.

2.1 Eligibility for services

Students who are enrolled in at least 1 credit hour of classes at CEI in the current semester/block are eligible to receive services through the Counseling Center.

2.2 Availability of services

CEI does not currently have a waiting list for services, and services can be generally obtained within the week they are requested. These services are available either in person, or via zoom.

2.3 Session limits

Students are eligible to attend up to 12 counseling sessions per academic year through the Counseling Center. The 12-session limit resets every July.

Dependent on current demand and utilization of services through the Counseling Center, additional sessions beyond the 12-session limit may be available to students at the discretion of the Counseling Director, on a case by case basis.

2.4 Frequency of services

Students may be seen for therapy every week, every other week, monthly, or on an as needed/upon student request basis. Every other week appointments may be enforced if a waitlist forms. We are unable to accommodate appointments more often than once weekly.

2.5 Services we provide

The CEI Counseling Center provides free, individual counseling services and supportive case management to current students of the college who request this service. These services are short term, solution focused, person centered, and overall eclectic and individual to each clinician or professional providing the service, as well as to each student participating in the services.

2.6 Services that we do not provide

We are unable to provide the following services:

- Letters for emotional support animals

- Verification of disability for letters of accommodation
- Family or marriage counseling
- Direct funding or purchase of any items for students (We recommend that students with needs of this nature to contact the Center for New Directions or dial 2-1-1 to connect with Navigations with Health and Welfare. There is no guarantee of funding availability from either of these sources)
- Evening sessions
- Emergency sessions

2.7 Termination of services

Services received through the CEI Counseling Center are strictly short term. Termination of services is standard at the end of each semester, with the option to request services again if session limits have not been reached previously.

Any student who poses an imminent safety risk to campus or to their counselor will be immediately terminated from counseling services and will be given a referral to a community mental health provider.

We recognize that extenuating circumstances exist. A student who is currently receiving counseling services at CEI and has the need to unexpectedly withdraw part way through the semester are eligible for services for one month after their separation from the college, at the frequency of every other week.